

Carman Healthy Communities Meeting

Friday, January 22, 2010

Carman Memorial Hall

Present: Susan Mooney, Debbie Iverson, Georges Picton (Town of Carman), Andrea Picton-Nichol (Chamber of Commerce), Linda Drewlo (Seniors Resource Council), Shirley McCutcheon (Boyne Lodge), Betty Park (Carman Health Auxiliary), Wendy Durand (MAFRI), Colette Mignon (RHA), Sandra Yeo (Boyne Library), Marge Warkentin (Alzheimer Society), Nikki Bartley (CDRC), Tyler King (Economic Development), Cheryl Pearson (Healthy Living Facilitator, RHA), Julie Hesketh (Public Health), Linda MacNair (Carman Area Foundation)

Co-Chairs Susan Mooney and Debbie Iverson called the meeting to order at 12:05 p.m.

Healthy Communities Conference

The 2010 Health Communities Conference is scheduled for Friday, April 23, 2010 at the Morden Community Centre. The theme of the conference is "Mentoring Works – A strategy to help youth succeed in life". Cheryl Pearson, RHA Healthy Living Facilitator, invited the Carman Dufferin Healthy Communities Committee to host the 2011 Healthy Communities Conference. This will require a sub-committee to manage the details. The theme could revolve around the "Safe Communities" program that the group is presently working on, and the Safe Communities committee could form the core committee, but would need more participation. Through a show of hands, the Carman Dufferin Healthy Communities Committee agreed to host the 2011 conference.

Guest Speaker: Sandra Yeo, Boyne Regional Library

Sandra gave the group some history of the Boyne Regional Library, noting that it was started by the Young Citizens Group. As the Library grew, it had several successively larger homes until it moved into the present historic post office building that it its home today. The Library is funded by the Province of Manitoba, the Town of Carman and the R.M. of Dufferin. It houses more than 17,000 adult books, fiction and non-fiction. There are 10,700 + junior books and a number of junior talking books. There are 81 magazine subscriptions, plus newspapers. In 2007, Public Library Services granted the Boyne Library a focal collection of movies that has now grown to 2049 items. The movies are funded by the provincial government. The website is www.boyneregionallibrary.com. Library members can access their own accounts, and renew books, review loan history and outstanding fines, search the library's database, reserve a book, and connect to other sites through a variety of links. The monthly newsletter is on the site, as is the list of recent movies. There is also a link to EbscoHost that offers many services to readers, including homework helps, book reviews, archived newspaper articles and much more. There is no charge for connecting to EbscoHost. There is also a link to eLibraries that will let the member download books for iPods or eReaders at no cost. The downloaded book disappears from a reader after three weeks. The Boyne Library also has public internet access, a lap-top hookup, CNIB partnership for Books for the Blind, photocopy services, and delivery service to 17 patrons to date. There is a summer reading program, eLibraries access, the Service Canada Outreach Program, school tours, and story hour for

community groups. There is an Inter-Library Loan Program that allows people to borrow books from other libraries. In 2009, 619 books were borrowed and 1,587 books were loaned out through ILL. In 2009, more than 45,000 people came through the door at the Library. In 2009, the facility served 20.75 patrons per hour, with 54 items loaned out per hour. Total membership continues to grow, as does library usage. There is 3 fulltime staff and 2 part-time staff. In 2009, 136 volunteer hours were contributed to the library. There are 3,153 libraries in Canada, and they are a primary site for people who do not have home-based internet access to connect to the internet. Sandra noted that people in the community regard the Library as a general clearinghouse for community information and it is remarkable the variety of questions that are fielded by staff. One suggestion was that community information packages from the Development Office could be made available through the Library for newcomers.

Round Table

Wendi Durand – MAFRI – a call for proposals has been issued by the Brandon University Outreach Service to seek community organizations that might have a research project that could use the assistance of a researcher from BU. MAFRI has some funding to help communities access that service. Deadline to apply is the end of February. Wendy also noted that Volunteer Manitoba is calling for nominations for 2010 volunteer awards. Deadline is also the end of February. MAFRI is hosting the 2010 Capturing Opportunities Conference, and application forms are also available for Capturing Opportunities awards. Carman Family Resource Centre is hosting a Family Literacy Night at the Carman Elementary School the evening of January 22nd.

Alvin Iverson – University of Manitoba Research Farm – The Research Farm is starting its hiring process for summer students. Any students interested in applying are asked to contact the Research Farm.

Betty Park, Carman Health Auxiliary – the Auxiliary's next fundraising event is the Spring Luncheon in May. Proceeds will be targeted to upgrades to Carman's Memorial Hospital's Emergency Room.

Shirley McCutcheon – Boyne Lodge – Imperial Oil's new owners in Carman have made a \$5,000 donation for Boyne Park. A grand opening of the park will be hosted in spring. Shannon Bergsma is the new Palliative Care Coordinator beginning in early February. Lodge residents enjoyed the opportunity to participate in the Olympic Torch Run festivities.

Linda Drewlo - Carman Seniors Resource Council – the Police Academy is coming to Carman for five Thursdays starting on February 18th with topics ranging from identity theft to emergency preparedness. Linda reminded everyone to be wary of an ongoing scam in which people are contacting seniors claiming to be their grandchildren looking for financial support.

Andrea Picton-Nichol – Chamber of Commerce - The Potato & Blossom Festival and the Carman Country Fair are joining together to host one event this year, scheduled for July 8-10. There will be events and entertainment downtown as well as at the fairgrounds. The mid-way will be returning, and there is a tractor pull being planned.

Georges Picton – Town of Carman – The Town is very supportive of the Safe Communities program and the possibility of achieving that designation.

Tyler King – Economic Development Officer - Access Credit Union will be hosting their Movie in the Park event again this year on Monday, August 30th. The Chamber of Commerce is planning to have a permanent movie screen installed to show movies in the park this summer as well. Information will be on the Town website.

Karen Tjaden – a seminar on Building an Ethical Economy is being hosted at St. Paul's United Church in Morden via satellite.

Nikki Bartley – Carman-Dufferin Recreation Commission - CDRC is looking for suggestions of programming for Carman, and would welcome community participation in identifying gaps in recreation programming in the community. Susan noted that local businesses support free public skating in the morning at the Carman Dufferin Arena and on Sunday afternoons, and the service is very welcome. The skating rink at the Ryall Park is also a welcome addition to the community. It was noted that it would be good if CDRC could set up a web-site that gives people the schedule for the arena events.

Marge Warkentin -Alzheimer's Society – January is awareness month for the Society. The organization just completed a 2-Saturday event with 28 participants. The group is kicking off a Grade 3 program, and the Ukrainian Dinner is scheduled for February 19th. Anyone interested in attending is advised to book tickets early, as the dinner usually sells out. The provincial conference is scheduled for March 8th and 9th in Winnipeg. The Alzheimer's Support Group meets the last Wednesday of the month from 11 a.m. until 1 p.m. at the Active Living Centre. The Society is also starting a program to have local quilters make lap quilts called touch quilts which incorporate a variety of colours and textures for local victims living with Alzheimer's. Information will be left on this program at the Library.

Linda MacNair - Carman Area Foundation – This year's Community Roots magazine, which is produced by The Winnipeg Foundation to showcase rural Foundation achievement, was distributed to the group. Linda announced that the Foundation has reached the \$1 million milestone in assets. The 2010 Celebration event is scheduled for Tuesday, April 13th, and will celebrate the \$1 million achievement. The Golf Tournament is scheduled for Thursday, July 22nd at the Carman Golf Course.

Sandra Yeo – Boyne Library – Canada Post has agreed to extend the Library Book Rate for one more year. The Boyne Library will be holding a contest for adult readers for February's "I Love to Read" Month, in which draws will be made for prizes. In 2009, there were 6 books published by local authors – 4 from Carman and 2 from Miami. These are all available at the Library.

Colette Mignon – RHA Healthy Living Coordinator – The RHA would like to have people from Carman taking the "Get Better Together" program. The program, which involves six sessions, trains supporters

to help people to manage chronic conditions. The Healthy Living Together Grant process is proceeding to access \$10,000 for several projects in Carman. Colette also provided data from the Manitoba RHA Indicator Atlas showing how Carman compares to the province on several health factors.

Julie Hesketh – Community Health – H1N1 shots are still available. Anyone interested in getting them is asked to contact Julie's office.

Debbie Iverson - Susan, Debbie and Tyler will be doing a presentation at the RHA Board Meeting on Healthy Communities. Along with Mary Heard, they are also doing a Doctor Recruitment Fair on Monday, February 1st at the U of M Campus. Designated Safe Communities will also be holding a seminar toward the end of March to advance the Designated Safe Communities program.

Next Meeting – March 5th – Carman Dufferin Firehall.

April 16th Sandi Kauenhofen – Rainbow Residence

May 28th Val Olsen – Friendship Group